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# Advancements in CPW-Fed Antennas: Review on Design Techniques and Performance Optimization for 5G and Beyond

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#### Abstract

This review comprehensively explores recent advancements in coplanar waveguide (CPW)-fed antenna design, with a particular focus on performance optimization techniques applicable to 5G and future 6G wireless systems. The study investigates a wide array of design methodologies including the integration of stubs, slots, strips, corner truncation, substrate engineering, defected ground structures (DGS), defected substrates, metamaterials (MTM), frequency-selective surfaces (FSS), conductor-backed (CB) configurations, modified ground structures (MGS), metal reflectors, and MIMO architectures. A detailed parametric comparison reveals how these approaches significantly enhance key antenna parameters such as impedance bandwidth (up to 181%), gain (up to 13.1 dBi), axial ratio bandwidth, miniaturization (up to 72.7% size reduction), polarization purity, and frequency agility across multiple bands. Applications span 5G/6G mobile, biomedical, IoT, satellite, CubeSat, and vehicular systems. In particular, techniques like MIMO and metamaterial integration deliver high port isolation (≥15 dB), ultra-wideband (UWB) support, and enhanced diversity performance. This work provides a roadmap for selecting optimal design combinations tailored to specific wireless standards and platforms. Future research is encouraged to explore reconfigurable structures, AI-driven design automation, transparent and sustainable materials, and energy-harvesting integration for next-generation intelligent antenna systems.

Keywords: DGS, CPW-fed, CB-CPW Antenna, CB-MTS, FSS, CPW-MIMO Antenna.

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1. Introduction: Antennas constitute a fundamental component in communication systems [1]. Over the past two decades, there has been a significant surge in the demand for compact, low-cost, flexible, and broadband antennas. However, integrating multiple antennas into a single mobile device remains a challenging task due to spatial limitations, thereby necessitating effective isolation between coexisting communication technologies. Microstrip patch antennas, widely recognized for their compactness, lightweight structure, costefficiency, and compatibility with integrated technologies, have become circuit increasingly relevant in modern communication systems. These antennas single-mode typically support linearly polarized (LP) waves, which are oriented either horizontally or vertically [2]. To address the limitations of LP antennas, circularly polarized (CP) antennas are being increasingly explored due to their ability to support independent data transmission and reception, mitigate multipath fading, enhance resilience in diverse environmental conditions, and improve polarization matching accuracy [3]. Several slotted patch configurations such as E, S, and H-shaped patches, dual-polarized Xi-shaped designs, and inverted L-shaped parasitic strips have been developed to improve CP antenna bandwidth in indoor wireless scenarios [4]. These designs are often adapted for fifthgeneration (5G)millimeter-wave applications, supporting multiple frequency bands including Industrial, Scientific, and Medical (ISM) bands (2.4–2.485 GHz, 5.725-5.875 GHz), Wireless Local Area Network (WLAN). Worldwide Interoperability for Microwave Access (WiMAX), Bluetooth, Ultra High Frequency (UHF), and sub-6 GHz 5G bands [5]. To enhance CP antenna performance further, modifications involving parasitic elements and ground planes have also been explored. CP antennas are well-suited for Radio Frequency Identification (RFID) applications

due to their reliability and stable wireless with RFID technology offering advantages such as high data rates, extended range, robust security, and multi-band operability. Designing CP antenna with wide 3-dB axial-ratio bandwidths remains a persistent challenge due to their inherent size constraints [6–8]. Nonetheless, proximity feeding and other techniques have helped in achieving broadband CP antenna operation, particularly for WiMAX, WLAN, and ISM bands [9]. Moreover, CP antennas have found applications narrowband in microstrip designs on substrates like FR4 and PTFE, for Dedicated Short-Range particularly Communication (DSRC) at 5.9 GHz [10]. With the advent of advanced wireless technologies, CPW offers advantages such as low radiation loss, compactness, ease of integration with monolithic microwave integrated circuits (MMICs), and wide impedance bandwidth. These attributes are especially beneficial for compact, flexible, and high-frequency systems like 5G and 6G. Compact CPW-fed implantable antennas have been introduced for biomedical telemetry, particularly within the ISM bands of 2.45 GHz and 5.8 GHz [11-12]. Lowprofile, wideband, circularly polarized CPWfed antennas have also been proposed for biotelemetry and body-worn applications while similar configurations are [13], optimized for GNSS and RFID systems [14]. Other implementations include vehiclemounted CP antennas that operate in upper GNSS bands (1.559–1.606 GHz) [15]. CubeSats represent a prominent area where CPW-fed printed monopole and meta surface antennas are leveraged for compact satellite communication systems [16], with additional advancements in the use of additively manufactured meta surface structures to enhance CP antenna performance in the Xband [17]. These solutions are particularly effective in inter-satellite and satellite-toground communication links [18]. For sub-6 GHz massive machine-type communications, asymmetric CPW-fed CP antennas have been designed to ensure high radiation efficiency and miniaturization [19]. Moreover, optically transparent CPW antennas on glass substrates have gained traction for automotive and aesthetic integration [20]. In high-density systems, mutual coupling antenna mitigated using strategies like defected ground structures (DGS), electromagnetic bandgap structures, and parasitic elements [21]. Novel CPW-fed antenna designs targeting wearable and super-wideband applications have been proposed, including integration with emblematic structures like the Mercedes-Benz logo, for ISM band operation within Wireless Body Networks (WBANs) [22]. For vehicular communication systems, a CPW-fed patch antenna designed to operate at 5.9 GHz has been developed for DSRC applications, contributing improved to communications [23]. Innovative antenna geometries such as Om (3) and double-Damru shapes fabricated on low-cost FR-4 substrates support multiband operations across S, C, and Ku-bands, including 5G systems [24, 25]. Other techniques employ inverted L-shaped elements, modified ground planes, and metamaterial loading to ensure performance across a wide frequency spectrum including GSM, Wi-Fi, WiMAX, LTE, and Ultra-Wideband (UWB) [26, 27]. Antenna arrays with  $1\times2$  radiating elements and integrated DGS have been utilized to support dual-band operations such as GPS, GSM, UMTS, Bluetooth, and WiMAX [28]. Similarly, compact crown-shaped CPW-fed antennas have been reported for C- and Xband communication [29]. Double-patch CPW configurations are also effective in enhancing gain and bandwidth, particularly in [30]. WLAN environments Compact broadband CPW antennas have been engineered with favorable features such as durability, mechanical rapid thermal dissipation, and low loss, making them wellsuited for ISM, RFID, and WLAN systems [31]. DGS continues to play a vital role in improving gain and bandwidth

multiple bands, notably WLAN, UWB, and WiMAX [32-34]. CPW-fed meta surface antennas, especially miniaturized ones, have been proposed for 5G [35] and UWB applications [36], while textile-based antennas are being considered for Wireless Personal Area Networks (WPAN) and biomedical use on flexible substrates [37, 38]. Finally, frequency-selective surface (FSS)integrated CPW antenna arrays with high front-to-back ratios have been proposed for aerospace, IoT, and wideband applications [39–41]. To address interference challenges in UWB communication, antennas with bandnotch characteristics have been designed, effectively suppressing WiMAX, WLAN, and satellite signal interference [42–45]. CPW-fed antennas have proven themselves to be suitable for several applications, including 5G, and have wide potential to implemented to make 6G antennas by optimizing the antennas with different techniques and achieving the desired gain, directivity, efficiency, and bandwidth. The size of the antenna [47] can also be easily optimized to fit the desired platform and be used for a wide variety of applications. The CPW-fed patch antenna's bandwidth, Voltage Standing Wave Ratio (VSWR), gain, and radiation pattern can all be influenced by several design techniques. However, all these characteristics can be improved by carefully adjusting the substrate material, ground plane, and radiating stub, followed by some additional techniques like DGS, FSS, MTM, CB-CPW, CB-MTS CPW, and MIMO for improving gain, directivity, and efficiency, as well as antenna miniaturization for multiple applications, including 5 G. This article will undertake and optimize the following parametric studies with various design methodologies.

In the following, the article is presented in four sections. In section 2, comparative study and design techniques have been discussed. In section 3, comparative outcomes and in section 4, conclusion and future scope is given.

- Comparative Study and **Design** appropriate **Techniques:** The design techniques and the right antenna is crucial because it greatly influences the RF system's performance, including factors bandwidth and communication range. have introduced numerous Researchers methods to enhance antenna bandwidth and gain while minimizing size. Various approaches can adjust key antenna parameters bandwidth, such as gain, directivity, efficiency, and impedance matching enabling their use in diverse applications like WLAN, Wi-Fi, WiMAX, ISM bands, C-band, X-band, Ku/Ka bands, 5G networks. Additionally, modifications allow antennas to operate across multiple frequency bands simultaneously, increasing their versatility.
- 2.1. Effect of adding stubs, slots, strips, cutting corners: Recent years have seen significant advancements in CP ultra-Various wideband antenna designs. techniques, such as corner-cutting, slotloading, branch-line loading, and inverted Lstructures microstrip substrates, enhance CP radiation in microstrip antennas. Annular ring slots and inverted microstrips improve impedance matching over wider frequencies, making them ideal for satellite and broadband applications [1]. To achieve right-hand (RHCP) and left-hand (LHCP) circular polarization, CPW-fed slot antennas with L-shaped strips and stubs are studied [2]. Modifications like parasitic strips and ground-plane adjustments further extend CP bandwidth [4]. Monopole antennas with square-ring slits achieve a 70% axial ratio (AR) bandwidth (2.62–5.42 GHz) [5]. This article presents a CPW-fed antenna design using various substrate materials techniques, demonstrating tunable multiband operation (3.3-10.1 GHz)optimized |S11|, IBW, and gain [6]. A compact CPW-fed antenna with slotted patch and stubloaded DGS achieves super wideband performance (1.21–24.66 GHz) and 9.4 dB gain, making it suitable for microwave

imaging applications [7]. For 5G, CPW-fed slot antennas with dual ground-plane slots enhance axial ratio and CP performance [8]. A compact asymmetric CPW-fed patch antenna with curved slits, designed on FR-4 substrate. achieves dual-band terahertz resonance at 0.813 THz and 1.254 THz with wide impedance bandwidths and high gain, making it suitable for 6G ultra-high-speed wireless communications [9]. Symmetrical L-shaped slits and widened tuning stubs enhance broadband CP operation [10]. Asymmetric ground planes and open slots improve mid/low-band AR and impedance Compact matching [11].**CPW-fed** implantable antennas (2.45 GHz ISM band) use modified ground planes for wider bandwidth [12]. A miniaturized implantable CP antenna (3.4–7 GHz) is tested in human tissue [13]. CPW-fed inverted L-shaped monopoles with trimmed edges enhance IBW and ARBW [17]. Low-profile CP slot antennas cover multiple GNSS bands, with potential front-to-back ratio (FBR) improvement using reflectors [19]. Compact square-ring antennas with split corners achieve CP [20], while trapezoidal and Lshaped strips widen ARBW [21]. Triple-band CP antennas (2.4/3.5/5.8 GHz) use F-shaped feeds [22]. Transparent glass-substrate CP antennas maintain performance with mesh structures [23]. For ISM-band biotelemetry, CPW-fed antennas with etched slots ensure compact CP operation [24]. Narrowband microstrip patches on Polytetrafluoroethylene (PTFE)/ Flame Retardant Grade 4 (FR4) substrates suit 5.9 GHz DSRC [28]. Om-shaped [29] and Ushaped ground-plane antennas enable dualband operation [31]. Square-shaped antennas with tunable stubs support multi-band applications [33]. The parametric analysis of incorporating stubs, slots, strips, and corner truncations, as discussed in [6] summarized in Table 1, elucidates their collective impact on antenna performance.

Scientific Impact: In CPW-fed antennas, integrating stubs, slots, strips, and corner cuts

offers powerful avenues to optimize electromagnetic behaviour:

- a) Stubs enable precise impedance matching, enhance bandwidth, and suppress harmonics, though at the cost of increased complexity.
- b) Slots in the radiator or ground plane facilitate antenna miniaturization, enable multi-band operation, enhance IBW, and allow polarization and pattern control, with minor trade-offs in radiation efficiency.
- c) Strips add tunable inductive or capacitive effects, improving impedance matching, coupling, and resonance tuning, while also assisting in multi-band and circular polarization performance.
- d) Corner cuts are crucial for generating circular polarization by exciting orthogonal modes with a 90° phase difference. They also influence impedance, and AR bandwidth, with slight gain reduction.

Table 1. Parametric effect of adding stubs, slots, strips, and cutting corners.

Design Technique	Antenna Layout	Antenna Area (mm²)	Di-electric Substrate Material ( $\varepsilon_0$ )	IBW (-10dB GHz)	Gain (dBi)	Applications	Ref.
Stub with L- strip		18×18	FR4(4.4)	112%	4.2	Broadband, Satellite Communications	[2]
Slotted Patch Array	H 18 18	270×200	Air (1)	32.3%	9.0	Wi-Fi, WLAN	[3]
Slotted patch with DGS and stub		30 × 30	FR4(4.4)	181%	9.4	Microwave imaging (MI), SWB/UWB systems	[7]
Asymmetric CPW-fed curved slits		0.5 × 0.5	FR4(4.4)	11.4%, 23.4%	6.1, 7.3	6G terahertz communications, high-speed data links	[9]
Symmetrical Slits		116×116	FR4(4.4)	93.6%	3.4	UHF RFID	[10]
Asymmetric Ground	1 2 3 4	50×50	FR4(4.4)	103.5%	4.0	WLAN, Wi-MAX	[11]
Implanted Antenna	0	21×13.5	Rogers RT5880(2.2)	47.7%	15.8	ISM Band	[12]
Miniaturized CP		5×3	Polyimide substrate (2.78-3.48)	-	1.2	ISM Band	[13]

Rectangular Slots		88×89.9	Rogers RO3006(6.5)	129.5%	5	RFID, WLAN, Wi-MAX, GNSS	[14]
Etched Slot Patch		21×13.5	Flexible Roger RT5880(2.2)	47.7%	-	ISM Band	[15]
Inverted L- shaped	R; W	25×25	FR4(4.4)	13.4%	3.8	X- Band	[17]
Ground Slot, Reflector	12.5 30.1 3 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	70×70	Rogers RO3006(6.5)	28.4%	3.6	GNSS	[19]
Split Corner Patch		54×54	PVC (3-5)	19.0%	8-10	GNSS	[20]
L-shaped Strip		60×80	FR4(4.4)	100%	3.7	Sub -6GHz	[21]
Triple-Band Feed		63.5×55	-	-	4.8	Wi-Fi, Wi-Max, WLAN	[22]
Transparent CP		-	Glass (5-10)	28.6%	3.9	GPS L1 Band	[23]
Slot Etched Patch	L. CL CL LL COL	9.5×2.3	Roger RT5880(2.2)	99.2%	15	ISM Band	[24]
Narrowband Patch		15×24.5	FR4(4.4)	-	1.8	DSRC	[28]
Om-Shaped Patch	3	80×80	FR4(4.4)	2%,2.3%, 2.9%,2%	2.2, 1.8, 11, 9.4	S-Band, IMT, C-Band, WI-MAX Band	[29]
Double Damru Shape	X	20×10	FR4(4.4)	1.1%,1.5, 1.4%,1.0%, 1.9%	2.7,5.1, 5.3, 4.5, 8.7	Ku Band, K-Band, 5G	[30]

2.2. Effect of Changes in the Substrate Material: This approach examines various substrate materials and their key parameters, particularly focusing on dielectric properties, which critically influence the operational frequency range. A thicker substrate with a lower dielectric constant enhances radiation efficiency and widens the impedance bandwidth; however, it increases the antenna's physical dimensions. To address

this trade-off, high-permittivity substrates have been evaluated for Radio Frequency (RF) and microwave applications, enabling compact antenna designs while maintaining performance, as detailed in Table 2. The resonant frequency is determined by the substrate's area, thickness, and dielectric constant. Higher dielectric constants shift the fundamental resonance toward lower frequencies, especially when combined with

reduced substrate thickness. Consequently, high-permittivity materials facilitate antenna miniaturization without significantly compromising electrical performance [33].

Scientific Impact: The choice of substrate material in CPW-fed antennas plays a pivotal role in shaping electromagnetic performance, influencing parameters like miniaturization, bandwidth, efficiency, and fabrication ease. High-permittivity substrates such as Silicon, TMM 10i, and Duroid 6010 enable compact designs by lowering resonant frequencies, ideal for space-constrained RF/microwave systems, though often at the expense of radiation efficiency due to surface wave excitation. In contrast, low-permittivity

materials like Duroid 5880 and RO3700 deliver wider bandwidths and higher efficiency, trading off with larger physical sizes. Loss tangent is equally vital; low-loss substrates like Alumina and Duroid 5880 support high-gain and low-loss performance, while high-loss options like FR-4 degrade signal quality. From a manufacturing standpoint, soft substrates offer design flexibility but may introduce surface roughness and instability, whereas hard substrates ensure thermal durability and mechanical precision. Ultimately, achieving optimal antenna performance requires a careful balance of dielectric properties, mechanical traits, and application-specific needs.

 Table 2: Properties of substrate materials

Substrate	Dielectric Permittivity at 10 GHz	Loss Tangent at 10 GHz (10 <sup>4</sup>	Surface Roughness (µm)	Thermal Conductivity (W/m·K)	Dielectric Strength (kV/cm)	Soft or Hard Substrate
		tan δ)				
Alumina (Al₂O₃)	9.9	1–2	0.05-0.25	30–37	4000	Hard
Aluminum Nitride (AIN)	8.9	3–5	0.05-0.6	150–170	150	Hard
Glass (typical)	4–7	1	0.025	0.8–1.2	350	Hard
Silicon (Si)	11.9	10-100	<0.001	100-150	300	Hard
Duroid 5880	2.2	12	0.8-1.0	0.20	500	Soft
Duroid 6002	2.94	12	0.8-1.0	0.30	500	Soft
Duroid 6010	10.2-10.8	27	0.8-1.0	0.30	500	Soft
Duroid R/flex 3700	2.0	20	0.8–1.0	0.20	500	Soft
Duroid RO3003	3.0	13	0.8–1.0	0.50	500	Soft
Duroid RO3006	6.15	25	0.8-1.0	0.62	500	Soft
Duroid RO3010	10.2	35	0.8-1.0	0.62	500	Soft
Duroid RO4003	3.38	27	0.8-1.0	0.64	500	Soft
Duroid RO4350B	3.48	40	0.8-1.0	0.69	500	Soft
TMM 6	6.0	23	0.8-1.0	0.72	500	Soft
TMM 10	9.2	22	0.8-1.0	0.76	500	Soft
TMM 10i	9.8	20	0.8-1.0	0.76	1050	Soft

FR-4	4.5-4.8	220	~6	0.25	425-455	Soft
			_			

2.3. Effect of using defected ground structure (DGS): A CPW-fed antenna incorporating a DGS is proposed [43] to improve gain for WLAN applications. The design employs vertical and horizontal DGS configurations, enhancing both gain and impedance bandwidth compared conventional slot antennas. A dodecagram fractal broadband antenna is also presented, demonstrating multiband resonance. improved radiation patterns, and higher efficiency. The integration of DGS and feed slot further optimizes performance. potential refinements suggesting alternative DGS geometries [51]. Another design features a tapered radiator with an embedded circular patch, operating at 4.45 GHz with reduced profile height. The DGSimplemented ground plane makes it suitable for wireless and biomedical devices [52]. Additionally, a T-shaped CPW-fed monopole antenna with staircase DGS achieves wide bandwidth, omnidirectional radiation, and stable gain, supporting Time Division-Synchronous Code Division Multiple Access (TD-SCDMA), Wideband Code Division Multiple Access (WCDMA), LTE 33-41, Bluetooth, GPS, WLAN, and navigation systems [53]. Effects of using DGS parameters are summarized in Table 3.

Scientific Impact: Incorporating DGS into CPW-fed antennas offers a wealth of scientific benefits that elevate antenna performance. By introducing strategic defects in the ground plane, DGS enhances IBW, supporting wideband and UWB operations. It enables antenna miniaturization by increasing the electrical length without altering the physical size and serves as an effective harmonic suppressor, acting like a band-stop filter to eliminate unwanted frequencies. DGS also boosts radiation efficiency and gain by minimizing surface current losses, while offering superior control over current distribution, which aids in mode purity and polarization control, vital in circularly polarized and MIMO designs. Overall, DGS is a powerful technique for creating highperformance, compact, and adaptive CPWfed antennas.

Table 3: Parametric effect of using defected ground structure

Design Technique	Antenna Layout	Antenna Area (mm²)	Di-electric Substrate Material ( $\varepsilon_0$ )	IBW (-10dB GHz)	Gain (dBi)	Applications	Ref.
Circular patch with rectangular slot-loaded DGS		37 × 30	FR4(4.4)	90.9%	1.7–4.6	5G, C-band	[43]
Fractal DGS Patch		23×24	FR4(4.4)	111.0%	>1.5	WiMAX, WLAN, FCC band, C- and X- band.	[51]
Tapered Radiator	L W L L L L L L L L L L L L L L L L L L	20×20	FR4(4.4)	-	2.5	UWB	[52]

Staircase DGS	82×82	RT-Duroid	84.0%	6.4	WLAN,	[53]
Monopole		(2.33)			CDMA,	
					GPS, Wifi,	
					Bluetooth,	
					LTE.	

**Table 4:** Parameters show the effect of using arrays

Design Technique	Antenna Layout	Antenna Area (mm²)	Di-electric Substrate Material ( $\varepsilon_0$ )	IBW (-10dB GHz)	Gain (dBi)	Applications	Ref.
CPW-fed Array	0 0	-	FR4 (4.4)	6.0%	12.4	Aerospace	[36]
Wideband 2×2 CP Array		170×170	FR4 (4.4)	67.0%	6.0	UWB	[54]
Flexible CP Patch Array	100 - MAC Cannote	280×192	(PET) substrate (1.8)	-	10.0	ISM	[55]
1×2 Array with DGS		170×105	Plexiglass substrate	20.0%, 74.0%	6.3	GPS, GSM, LTE, Bluetooth, Wi-Max, UTMS.	[35]

2.4. Effects of using arrays in radiation patch: A compact CPW-slot line-fed CP microstrip array [36] demonstrates improved performance with a high front-to-back ratio. The design features simple geometries, low profile (0.02λ<sub>0</sub>), and lightweight construction, achieving significant impedance bandwidth and 4.10% CP bandwidth while maintaining adequate gain. An alternative wideband CP array [54] employs sequential rotation feeding, showing enhanced performance in array configuration with better gain across the operational band and stable radiation characteristics. For biomedical applications, a flexible PET-based CPW-fed 2×2 patch array operates at 2.68 GHz with 10 dBi peak gain. The cost-effective design uses adhesive copper foils instead of traditional conductive demonstrating conformal inks, good performance and potential for wearable systems. Further optimization for ISM band applications is planned [55]. The designed 1×2 antenna array utilizes a Plexiglas substrate with defected ground structure

(DGS) implementation for enhanced bandwidth and impedance matching. The dual-band operation covers: 1.08-1.32 GHz (GPS band), 1.7-3.7 GHz (encompassing GSM, UMTS, Bluetooth, LTE, and WiMAX applications). A comprehensive parametric analysis of the DGS-modified ground plane revealed significant bandwidth improvement. The array demonstrates optimal radiation characteristics, including high efficiency and peak gain performance [35]. Key radiation patch array effects are summarized in Table 4.

Scientific Impact: Using arrays in the radiation patch of CPW-fed antennas enables a highly efficient, multi-functional, and application-tailored antenna design strategy. Scientific benefits include enhanced gain, wider bandwidth, CP improvement, and pattern control, making them suitable for advanced systems in aerospace, UWB, wearable tech, biomedical devices, and multiband wireless communications. When

combined with techniques like DGS and flexible substrates, these arrays offer next-

generation solutions for compact and highperformance antennas.

Design Technique	Antenna Layout	Antenna Area (mm²)	Di-electric Substrate Material ( $\varepsilon_0$ )	IBW (-10dB GHz)	Gain (dBi)	Applications	Ref.
Defected Substrate Patch		42×36	FR4 (4.4)	100.0%	6.0	C and X Band	[37]

Table 5: Parameters showing the effect of using defected substrate

2.5. Effect of using defected substrate: A CPW-fed defected substrate microstrip antenna is proposed for wideband applications. Defected substrates also reduce the size of an antenna. The radiating patch of the proposed antenna is in the form of an extended U-shape. The space around the radiator is utilized by extending the ground plane on both sides of the radiator. The antenna has good return loss, constant group delay, and good radiation characteristics within the entire operating band. It has a maximum value of 88% and is applicable for C and X band applications [37]. Here is the effect of using defected substrate in Table 5.

Scientific Impact: Defected substrates offer a unique way to engineer antenna performance beyond traditional geometry tuning. By strategically modifying the substrate, designers can achieve miniaturization, wider bandwidth, higher efficiency, and better thermal stability.

2.6. Effect of using Notch band characteristics: A rectangular radiating patch is optimized to achieve an UWB response with an enhanced VSWR bandwidth of 11.88 GHz, while incorporating bandfunctionality notched at 3.5 **GHz** WiMAX without compromising radiation performance. Simulation results confirm its suitability for UWB applications with rejection selective frequency Further, compact CPW-fed UWB monopole

antennas are proposed, utilizing split ring slots (SRSs) for band-notched characteristics. The modified rectangular patch ensures wide impedance bandwidth across the UWB spectrum, while integrated SRS elements introduce rejection bands at 5.3 WLAN and 7.4 GHz (X-band satellite These communication). designs are fabricated on low-cost FR4 substrates, maintaining a compact form factor [49]. The antenna uses a CPW feed, U-slot, split-ring resonators (SRRs), and mushroom-type EBG structures to achieve sharp characteristics [58]. Additionally, a CPW-fed UWB antenna with an inverted L-shaped structure demonstrates WLAN band rejection (5.15–5.85 GHz) while covering 3.02–11.34 Simulations align well GHz. measurements, validating its performance [59]. The impact of notch band integration on antenna performance is summarized in Table 6.

Scientific Impact: Notch band integration in CPW-fed UWB antennas enables highly selective frequency rejection compromising bandwidth, gain, or radiation performance. Using techniques like U-slots, SRRs, SRSs, and EBGs, designers can tailor the antenna response to suppress unwanted signals from coexisting services, making these antennas highly suitable for UWB communication, radar, and interferenceprone environments. Combined with compact size, low-cost fabrication, and high efficiency, these antennas represent a scientifically robust and practically viable

solution for next-generation wireless systems.

Design Technique	Antenna Layout	Antenna Area (mm²)	Di-electric Substrate Material ( $\varepsilon_0$ )	IBW (-10dB GHz)	Gain (dBi)	Applications	Ref.
U-slot, SRRs, EBGs		27×27	FR4(4.4)	147.0%	3.6- 8.2	Wi-MAX, WLAN, X-Band	[25]
Split Ring Slot (SRS)		18×18	FR4(4.4)		8.8	UWB	[49]
U-slot, SRRs, and EBGs		25 × 25	FR4(4.4)	127.4%	1.2- 3.9	UWB systems, interference rejection for C/X-band	[58]
Inverted L- slot		25×25	FR4(4.4)	47.4%, 58.6%	3	UWB	[59]

Table 6: Parameters showing the effect of using Notch band characteristics

2.7. Effects of using metamaterial substrate: Digital light processing (DLP) and the micro-dispensing procedure for Rogers RadixTM and Nova Centrix HPS-FG57B conductive paste, respectively [18], are used in this work to additionally build the CPWback-fed meta surface patch antenna. For wideband and polarization control, the meta surface is made up of truncated patches with designed sizes and relative arrangements. By using Rogers Radix, the substrate thickness could be optimized to achieve improved axial ratio, gain, and impedance bandwidth. For use with CubeSat applications, a wideband CP-printed dipole antenna with AMC is suggested [16]. Placing AMC at the back of the antennas improves the gain of the suggested antenna. The design includes a triangular cut at the upper edge of the right ground plane and asymmetric ground planes to achieve CP. The suggested printed monopole antenna has a wider 3dB ARBW and a greater gain while taking up less space terms of physical dimensions. metamaterial super-substrate-loaded concentric circle-shaped antenna with a coplanar waveguide [44] has been studied for

gain enhancement in three wideband modes. proposed meta-surface's near-zero refractive index increases gain over a wide range of operations. It is more efficient and can be used for various applications, such as communication, satellite military, medical monitoring. A resonator-based 3x3 metamaterial array [46] is used as a reflector plane below a wideband antenna to obtain optimal bandwidth and gain features. The antenna displays better outcomes and can be utilized in various satellite, wearable, and wireless applications. The proposed antenna has 2 to 16 GHz of total bandwidth and a peak gain of 13.1 dB. Table 7 shows the effect of using a metamaterial substrate.

Scientific Impact: The incorporation of metamaterial substrates in CPW-fed antennas enables a paradigm shift in antenna design, achieving high gain, ultra-wide bandwidth, polarization control, and compact, low-profile construction. With applications spanning CubeSats, X-band, WLAN, LTE-A, Wi-Fi, 5G, and UWB systems, MTM-enhanced antennas provide next-generation performance critical for advanced wireless, aerospace, and biomedical platforms. The

combination of engineered electromagnetic properties with innovative fabrication methods like DLP and additive printing further strengthens their practical and scientific value.

Design Technique	Antenna Layout	Antenna Area (mm²)	Di-electric Substrate Material ( $\varepsilon_0$ )	IBW (-10dB GHz)	Gain (dBi)	Applications	Ref.
Additively Manufactured MTS	~	48.6×48.6	RogersRadix, NovaCentrix HPS-FG57B	63%	7.7	X-Band	[18]
CP Printed Dipole + AMC	00 00 01 100	6.2×6.2	FR4(4.4)	97.5%	7.3	X-Band, CubeSat	[16]
Concentric Circle + MTM		28×28	FR4(4.6)	42%, 22%, 47.5%	6.2	WLAN, LTE-A, 5G, Wi-Fi, and X-band	[44]
MTM Reflector (3×3 Unit)		14.8×14.8	FR4(4.4)	155%	13.1	UWB	[46]

**Table 7:** Parameters showing the effect of using a metamaterial substrate.

2.8. Effects of using the frequency-selective surface technique in CPW: A novel miniaturized frequency-selective surface (FSS) design [34] is presented for CPW antenna gain enhancement, demonstrating a gain improvement from 1.8 dBi to 2.6 dBi while maintaining omnidirectional radiation. Optimal performance occurs at 2.45 GHz with scalable gain through FSS element multiplication, making it suitable for IoT, ground-penetrating radar. wireless communications, and medical imaging applications. A compact UWB antenna system incorporating a hexagonal patch with multiple stubs (5-17 GHz bandwidth) and a 5×5-unit cell FSS layer (9 mm spacing) achieves 15 GHz ultrawideband operation (3-18 GHz). This configuration demonstrates exceptional potential for 5G/6G applications due to its optimized size-volume-bandwidthgain characteristics [39]. An aperture-coupled printed antenna [56] with dual-layer FSS reflectors (7×5 crossed elements) shows significant performance improvements: 63% bandwidth enhancement and 29.4%/15.8%

gain increase compared to single-layer implementations. The compact design features a bottom-substrate feed antenna and miniaturized unit cells, making it ideal for long-range communications. For UWB applications, a 50% miniaturized monopole antenna with 8×8 FSS reflector array achieves 2.55-13 GHz bandwidth (extended to 2.61-13 GHz with FSS) and stable 8.6 dBi peak gain. Experimental validation confirms ≥4 dBi gain improvement and enhanced lower-frequency bandwidth performance [57]. Table 8 summarizes the performance enhancements achieved through integration in CPW antennas.

Scientific Impact: FSS integration transforms CPW-fed antennas into high-performance systems by combining filtering, gain enhancement, and bandwidth extension in a single compact structure. The choice of FSS geometry (crossed dipoles, hexagons, CSRRs) and layer configuration (single vs. dual) depends on the target frequency, gain, and application requirements. Through effective integration with stubs, patches, or

layered architectures, FSS transforms traditional CPW antennas into high-

performance, frequency-agile systems ready for modern wireless challenges.

**Table 8:** Parameters showing the effect of using a frequency-selective surface (FSS)

Design Technique	Antenna Layout	Antenna Area (mm²)	Di-electric Substrate Material ( $\varepsilon_0$ )	IBW (-10dB GHz)	Gain (dBi)	Applications	Ref.
Miniaturized FSS		28.8×46.5	Upper substrate FR4(4.6)	62.5%	1.8-2.6	IoT	[34]
			Lower substrate Rogers RT/duroid 5880(2.2)				
Stub-loaded Patch		50×50	Rogers RT/duroid 6002(2.94)	109%	10.5	UWB	[39]
Dual-layer FSS		30×32	FR4(4.4)	82.3%,44.5%	8.4	Long Distance Comm.	[56]
UWB FSS Reflector		40×40	FR4(4.4)	134%	8.6	UWB	[57]

Table 9: Parameters showing the effect of high permittivity substrates

Design Technique	Antenna Layout	Antenna Area (mm²)	Di-electric Substrate Material ( $\varepsilon_0$ )	IBW (-10dB GHz)	Gain (dBi)	Applications	Ref.
High-ɛr Microstrip Design		-	Taconic CER-10	-	6.1	24GHz	[48]
Inverted E- shape Monopole		490	(Mg <sub>0.93</sub> Zn <sub>0.07</sub> ) <sub>2</sub> SnO <sub>4</sub> microwave ceramic Substrate (8.5)	33.1%, 27.3%	4.4	ISM, HIPERLAN, UNII and WIMAX bands.	[50]

2.9. Effect of using high permittivity substrates: Two designs [48] of 24 GHz microstrip patch antennas using high-dielectric constant substrates have been presented, with high gain achieved using micromachining and superstrate. Multilayer construction and coplanar waveguides are used, with an air gap introduced to avoid surface waves. The new design uses the superstrate effect, and the measured gain value exceeds 6 dBi. Simulation and

measurement results are presented for two designs on high-permittivity substrates. A compact CPW-fed inverted-E-shaped monopole was successfully fabricated on a high-permittivity substrate. The antenna has a 10dB return loss and covers the ISM, Unlicensed National Information Infrastructure (UNII), High Performance Radio Local Area Network (HIPERLAN), and WiMAX bands. The monopole has a smaller size and comparable bandwidth

compared to the literature [50]. The effect of using high-permittivity substrates is shown in Table 9.

Scientific Impact: Using high-permittivity substrates in CPW-fed antennas facilitates size reduction, resonant frequency control, and gain enhancement, making them well-suited for compact, high-frequency, and multi-band applications. Through design techniques like micromachining, superstrate addition, and air-gap optimization, the traditional limitations of high- $\varepsilon_r$  materials (e.g., bandwidth narrowing or surface wave excitation) can be effectively mitigated, allowing engineers to harness their full potential in ISM, 5G, satellite, and millimeter-wave systems.

2.10. Effects of using Conductor-backed CB-CPW antennas: A novel broadband monopole antenna design [41] has been engineered to achieve enhanced bandwidth characteristics while maintaining a compact factor. The optimized structure demonstrates superior performance metrics including: High return loss (>15 dB), Extended operational bandwidth (covering ISM, RFID, and WLAN bands), Radiation efficiency exceeding 85%, Excellent thermal management properties. The incorporates cost-effective manufacturing processes while offering: Minimal radiation (<0.5)Robust mechanical losses dB), durability, Aesthetic structural integrity, Simplified assembly procedures. A CPW (CB-CPW) broadband antenna design [42] has been developed for multi-beam operation in WLAN (5.15-5.25 GHz), RFID (5.8 GHz), and WiMAX applications. The innovative configuration features semi-circular ground plane topology, Parasitic ground elements, Triple **CPW** feed structure. This architecture achieves broadband impedance matching (VSWR<2:1), Enhanced thermal dissipation, Mechanical robustness. Experimental validation through prototype fabrication confirms the simulated performance characteristics. Table quantitatively compares the performance enhancements achieved through CB-CPW implementation. P.S. Kumar et al [45] have proposed a miniaturized three-band antenna with a backed MTS. The triple frequency is created by combining the diamond-shaped patch with the (CB-MTS) CPW-fed antenna. The antenna covers the following 5G bands: 2.4-2.484 GHz for the IoT 3.6-4.2 GHz for mobile 5G phone for satellite communication applications 5.35-5.47 GHz the future of mobile broadband applications The proposed antenna has a 72.7% size reduction compared to a conventional rectangular patch. Table 10. shows the effect of using (CB-MTS) CPW antennas.

Scientific Impact: Using conductor-backed (CB) structures in CPW-fed antennas enables broadband operation, footprint reduction, thermal resilience, and high radiation combination efficiency. The electromagnetic optimization and mechanical benefits makes CB-CPW antennas highly suitable for compact, low-cost, and highperformance wireless systems, including 5G, WLAN, RFID, IoT, and CubeSat platforms. Designs like CB-MTS further extend these advantages by adding multiband functionality and metasurface-enhanced gain, paving the way for next-generation miniaturized RF devices.

Table 10: Parameters showing the effect of using conductor-backed CB-CPW antennas

Design	Antenna	Antenna	Di-electric	IBW	Gain	Applications	Ref.
Technique	Layout	Area	Substrate	(-10dB GHz)	(dBi)		
		(mm²)	Material ( $\varepsilon_0$ )				

CB-CPW Monopole		38×38	FR4(4.4)	60%	3.3	ISM, RFID, WLAN	[41]
Triple CPW Feed Patch	-12345,78	40×40	FR4(4.4)	60%	3.9	WLAN, RFID, Wi- Max	[42]
CB-MTS Patch Antenna	ALTO THE REST OF THE PARTY OF T	22×23	FR4(4.4)	7.5%, 13.2%, 7.4%	3.6	5G	[45]

Table 11: Parameters showing the effect of using MGS, FSS, DGS, and MTM.

Design Technique	Antenna Layout	Antenna Area (mm²)	Di-electric Substrate Material ( $\varepsilon_0$ )	(-10db GHz)	Gain (dBi)	Applications	Ref.
MGS + FSS + DGS + MTM		17×20	FR4(4.4)	35.6%, 18%, 10.7%, 18.3%		GSM, Wi-Fi, WLAN, Wi-Max,	[32]

**Table 12:** Parameters showing the effect of using metal reflector plates.

Design Technique	Antenna Layout	Antenna Area (mm²)	Di-electric Substrate Material ( $\varepsilon_0$ )	IBW (-10db GHz)	Gain (dBi)	Applications	Ref.
CPW-fed patch with reflector	From Mont plans	35×35	Rogers 4003C (3.55)	15.1%	7.3	WBAN	[27]
Notch- banded CPW-fed patch with reflector	<b>F</b>	30×20	FR4(4.4)	11.0%,4.3%,43. 4%	10.0	Bluetooth, WLAN, WI-MAX, UWB	[40]

2.11. Effect of using Modified Ground Structure (MGS) and Frequency Shifting Strips (FSS), along with Defected Ground Structure (DGS) and Metamaterial (MTM): An FR4-based CPW-fed multiband antenna with a 17×20mm diameter is designed with a modified ground structure, frequency shifting strip, defected ground structure, and metamaterial loading on the lower side of the antenna. This multiband antenna operates at 1.702 MHz, 3.202 MHz, 5.302 MHz, and 10.302 MHz, covering GSM 1800/900 MHz, Wi-Fi/WLAN (5.2/5.5 GHz), and WiMAX 3.3 GHz [32]. Table 13 shows

the effects of using MGS, FSS, DGS, and MTM.

Scientific Impact: Using MGS, FSS, DGS, and MTM in CPW-fed antennas results in a powerful compact, multiband, and broadband solution with controlled radiation and harmonic suppression. These techniques synergize to improve impedance bandwidth, enable multiband tuning, reduce antenna size, radiation characteristics, and optimize making them ideal for multi-standard wireless devices, including GSM, Wi-Fi, WLAN, and WiMAX. The compact design with frequency agility also ensures high integration potential in portable, wearable, and smart IoT platforms.

## 2.12. Effect of using metal reflector plates:

Mercedes-Benz has developed a modified logo with a CPW-fed antenna to control radiation towards the human body. A metal plate was used as a reflector to reduce human body loading on the antenna. The antenna performed well on the actual and modeled body and is suitable for **WBAN** communication systems [27]. Table 14. shows the effect of using metal reflector plates. K.G. Jangid et al [40] have described the design and performance of a UWB antenna with triple band notched features and increased gain. The proposed CPW-fed patch antenna has two U-shaped slots on the patch, an inverted U-shaped slot in the feed line, and a metallic reflector beneath the antenna structure. The three rejection bands were obtained by inserting three U-slots of varying sizes and locations into the radiator. The antenna's maximum gain is close to 9.88 dBi at 7.4 GHz. This antenna is helpful for modern ultra-wideband communication systems, except for 3.5 GHz WIMAX, IEEE 802.11a/h/j/n WLAN, and ITU 8 GHz systems. Table 12 shows the effect of using metal reflector plates with notch bands.

Scientific Impact: Metal reflector plates in CPW-fed antennas significantly enhance performance by reducing SAR and enhancing safety in wearable devices, improving gain and directionality, enabling notch-band rejection for interference avoidance, and stabilizing radiation patterns in wideband and multi-band scenarios. This makes them highly effective for WBAN, Bluetooth, WLAN, WiMAX, and UWB applications, particularly where directional control and spectral cleanliness are essential.

Table 13: Parameters show the effect of using CPW-fed MIMO Antennas

Design Technique	Antenna Layout	Antenna Area (mm²)	Di-electric Substrate Material ( $\varepsilon_0$ )	IBW (-10db GHz)	Gain (dBi)	Applicatio ns	Ref.
Modified F- shaped radiator Spatial Diversity,		24×22 (Single Element) 24×43 (Spatial Diversity)	FR4(4.4)	173.3% 174.2%	8.6	UWB, SWB	[38]
Pattern Diversity MIMO		24×47 (Pattern Diversity)	FR4(4.4)	174.2%			
Octagonal slot, L- shaped stub,two element MIMO		38.4×20	FR4(4.4)	154.3%	8.9	5G, C-Band, K-Band, mm Wave	[26]
Hexagonal shaped patch, L- shaped grounded strips	Q C	40×40	Polyimide (3.5)	122.5%	6.3	UWB and X-Band Applicatio ns	[60]

Modified		6×17.37	RO5880	15.1%	6.7	5G mm-	[61]
rectangular			(2.2)			wave	
radiating	<b>d</b> → <b>d</b>					application	
element.						S	
Key-type	4 4	126.49×126.4	RO5880	165.7%	9.9	Multi-band	[62]
slotted-	=\$ \$=	9	(2.2)			application	
radiating	<b>=</b> )					S	
patch							

2.13. Effects of using MIMO CPW-fed antennas: A quad-band circularly polarized monopole antenna [38] is presented for extended UWB applications, with a twoelement MIMO configuration optimized for C-band, K-band, and mm-wave operation. Key performance characteristics include Peak gain of 6.73 dB, Radiation efficiency of 96%, impedance bandwidth of 3.7-29.27 GHz, four distinct CP bands with 3 dB axial ratio bandwidths of 35.5%, 1.5%, 4.6%, and 0.51%. The design incorporates modified Ushaped symmetrical decoupling structures in the MIMO configuration, achieving port isolation >16 dB across the operational bandwidth, suitable for C-band, Ku-band, 5G, Ka-band, mm-wave, and UWB applications [26]. A complementary quasi-complementary super-wideband antenna element (24 × 22 mm) demonstrates ultra-wide bandwidth of 3-42.1 GHz (173.3% fractional bandwidth), Modified F-shaped radiator with tapered CPW feed, Ground plane slot optimization, MIMO configuration (24 × 43 mm) maintains port isolation ≥15 dB, envelope correlation coefficient <0.008, operational range: 2.9-42.14 GHz [38]. This paper presents a compact 4-port CPW-fed flexible MIMO antenna, where the elements are arranged orthogonally to enhance isolation (> -17 dB) without additional decoupling structures. It demonstrates excellent diversity performance and stable operation under bending, making it ideal for wearable electronics [60]. This work proposes a two-port MIMO antenna with anti-parallel layout and defected ground structure (DGS) for mmWave 5G applications. The design eliminates the need for complex decoupling techniques and

ensures robust diversity performance [61]. This paper introduces an eight-port key-shaped MIMO antenna with an asymmetric feedline. The antenna exhibits stable performance under 45° bending and is well-suited for multi-band wireless systems [62]. Table 13 quantifies the performance enhancements achieved through CPW-fed MIMO antenna implementation.

Scientific Impact: MIMO integration in CPW-fed antennas transforms them into high-performance systems with wideband coverage, low mutual coupling & high isolation, enhanced gain and efficiency, and flexible configurations, compact suitability for UWB, 5G, mmWave, and wearable applications. These scientific make CPW-fed enhancements antennas indispensable in next-gen wireless platforms requiring speed, reliability, compactness, and multi-band diversity.

3. Comparative Outcomes: In this article, we review the various design techniques of CPW-fed antennas. Adding the stubs, slots, and strips method has miniaturized the size of the antenna for multi-band wireless applications [7,9]. The microwave soft substrate materials for microwave applications are usually used for CPW-fed antenna designs with different permittivities and thicknesses [12]. The thicker substrate offers more efficiency and a wider IBW for a lower dielectric constant, but a larger antenna. Hence, substrates with high dielectric constants favor small antenna sizes as compared to other conventional antennas [48, 49]. DGS offers significant gain

improvement over the entire band of operation compared to conventional slot antennas without DGS [53]. The number of arrays on the radiating patch also improves the gain of the antenna. [36, 55]. Using arrays with the DGS technique contributed to the bandwidth enhancement of the antenna with good efficiency and gain [35]. CPW-fed defected substrate microstrip antennas show a reduction in antenna size with wideband applications [37]. CPW-fed antennas with band-notch characteristics are used to enhance impedance bandwidth for the entire UWB frequency range and to generate band rejection at desired frequencies [25, 49]. Metamaterial arrays can be used as a reflector plane below the ground structure to obtain optimal bandwidth and gain features for UWB applications [46]. By using an FSS array containing subsequent unit cells, it improves the gain and bandwidth over the entire frequency range and is also offered for antenna miniaturization [39, 56, 57]. The CB-CPW band monopole antenna has been developed with various features to expand bandwidth and reduce size, be easy to process and assemble, have fast heat-dissipating speed, and have small radiation [41, 42].

#### 4. Conclusion and Future Directions

- (a) Research Contributions: This study comprehensively analyzes the impact of various design techniques like stubs, slots, DGS, FSS, metamaterials, and substrate modifications on CPW-fed antenna performance. Key contributions include:
  - 1. **Bandwidth** Enhancement: Techniques like DGS and asymmetric ground planes achieve 181% IBW [7] and multi-band operation [6].
  - 2. **Circular Polarization (CP)**: L-shaped strips and corner truncations improve ARBW [10, 21].
  - 3. **Miniaturization**: High-permittivity substrates (e.g., RO3010) and defected structures reduce size while maintaining performance [37, 48].

- 4. **Interference Mitigation**: Notch bands (e.g. U-slots, SRRs [58]) reject WLAN/WiMAX frequencies without compromising UWB operation.
- 5. **Gain and Efficiency**: Metamaterial substrates [16] and FSS reflectors [34] boost gain up to 13.1 dBi.

## (b) 5G and Beyond Applications

- 1. **Sub-6 GHz and mm Wave**: Compact designs [26, 61] support 5G bands (3.5 GHz, 28 GHz) with MIMO configurations.
- 2. **6G Terahertz**: Curved-slit antennas [9] enable dual-band THz operation (0.813/1.254 THz) for ultra-high-speed communications.
- 3. **IoT/Wearables**: Flexible arrays [55] and implantable antennas [12] cater to biomedical and conformal applications.

## (c) Research Gaps and Future Directions

- 1. **Reconfigurability**: Limited work on tunable notch bands using varactors/MEMS for dynamic spectrum adaptation.
- 2. **AI-Driven Design**: Machine learning could optimize stub/slot placement for enhanced CP and bandwidth.
- 3. **Energy Efficiency**: Integration with RF energy harvesting for self-powered IoT devices.
- 4. **THz and Optical Antennas**: Further exploration of transparent antennas [23] and plasmonic structures for 6G.
- 5. **MIMO Scalability**: Decoupling techniques for high-density MIMO arrays in mm Wave systems.

## **Motivation and Outlook**

The demand for compact, multi-band, and high-gain antennas drives innovation in CPW-fed designs. Future work should focus on:

1. **Multi-functional Integration**: Combining sensing, energy harvesting, and communication in a single antenna.

- 2. **Sustainable Materials**: Eco-friendly substrates with low loss for green wireless systems.
- 3. **Standardization**: Benchmarking performance metrics for 5G/6G and industrial IoT applications.

This study bridges theoretical advancements with practical applications, paving the way for next-generation wireless systems.

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